

HEALTH SERVICES

ALLIED HEALTH: FAQs

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Where do I get my clinical clearance?

Start by submitting the required forms under the "Allied Health Students" tab <u>here</u>. The physical exam and immunization form need to be completed by your healthcare provider. All required immunizations are listed on that form.

If you are experiencing difficulties getting an appointment at healthcare facilities, please have your doctor fax us your immunization/physical exam records.

We also need a copy of your insurance card, a copy of your CPR certification and, for those in the Paramedic Program, color blindness testing.

Once all requirements are fulfilled, we'll issue your Clinical Clearance form.

What if I do not have record of my immunizations?

You will need to get titers done to check for immunity:

- Hepatitis B titer
- MMR titer
- Varicella titer

In addition, you will also need to have the following done:

- 2 TB skin tests or TB blood work
- TDAP

What if I do not have insurance?

NHTI does not offer insurance. Students who require insurance can check with private insurance options or apply at https://www.healthcare.gov/. You can get help navigating the healthcare.gov website at either:

- 1. NH Navigator: 603-931-3858, 1-877-211-6284, chat: https://acanavigator.com/nh/contact
- 2. Health Market Connect: help@hmcnh.com or at 603-309-2021, https://www.hmcnh.com/

It is critical that you know the NHTI insurance policy:

- Proof of health insurance is required by submitting a copy of your insurance card. Active military students can submit a copy of your military ID. To be accepted, health insurance must meet the following criteria:
 - Be a U.S.-based insurance plan;
 - o Provides the "10 Essential Health Benefits" specified in the Affordable Care Act
 - o Includes access to hospital and physician providers in the area where you are attending NHTI
 - Remains in effect for the entire semester (except for termination due to the attainment of a maximum age, or other situation resulting in a loss of plan eligibility)
- The follow plans do not meet the criteria:
 - An accident-only policy
 - A short-term limited-duration health plan that does not meet the requirements of the Affordable Care Act
 - o A ministry sharing plan, even if it is recognized by the ACA
 - Any other health benefits program (e.g., a community care program) that is not recognized by the state of N.H. as being health insurance (or is not a health

benefits plan governed by the Employee Retirement Income Security Act of 1974) and does not meet all of the requirements specified above.

We can offer free immunizations for those who do not have insurance. Please contact us for more information: 603.230.4043 or NHTIhealthservices@ccsnh.edu.

We also post classes and free clinics on Twitter and Facebook.

I do not have a doctor. Where can I get a physical?

You can get a free physical exam at NHTI's Health Center, and no insurance is required. Please note that this is only available on certain days each semester. We require that you schedule an appointment for a physical exam: 603-230-4043 or NHTIhealthservices@ccsnh.edu.

You can also go to any <u>Convenient MD</u>, <u>CVS Minute Clinic</u>, or <u>Concentra</u>. If you do not have insurance, you can visit the Health Center for voucher for a free physical exam at <u>any Convenient MD</u> in the state.

I need 3 Hepatitis shots, and it will take more than 6 months to complete. What if they are not completed by the deadline?

As long as you are compliant in the process of getting them done and make sure we have a record of each shot as you get them, you will be cleared for clinical. Please make sure to get a **Hepatitis B surface antibody titer at the end of the series**. This is a clinical clearance requirement.

Does my doctor need to fill out the Health History Form?

No, you can fill out the <u>Health History Form</u> yourself. Your doctor (or healthcare provider) needs to fill out the <u>physical exam and immunization portion</u>, unless you have your healthcare provider fax those records to us.

Does Health Services offer TB testing, immunizations or titers? Is there a fee?

We offer the following:

- Color blindness testing (free)
- Hepatitis B
- Hepatitis B titer
- Meningitis
- MMR
- MMR titer
- Physical exams (free, but only on certain days during the academic year)
- TB tests
- TDAP
- Varicella titer

We do not take payment at the Health Center for any service. All charges are submitted to your student account with the Bursar's Office. Payment is due immediately through your student account. If you pay via credit or debit card online, you will be charged a fee. Any questions about payment should be addressed to the Bursar's Office: NHTIbursar@ccsnh.edu or 603-230-4012.

There are several types of CPR. How do I know which one to take?

We offer CPR classes on campus that are compliant for all Allied Health programs for a fee.

You are required to take BLS for Healthcare Provider or Professional Rescuer CPR from the American Red Cross, American Heart Association or the National Safety Council only. CPR is renewed every 2 years and must remain current during your enrollment. Online-only classes are not acceptable.

Please contact us before enrolling if you are not sure about a particular CPR class: 603-230-4043 or NHTIhealthservices@ccsnh.edu. Examples of some CPR classes not accepted: Heart Saver; Adult/Child; Adult/Child/Infant; Friends and Family.

We also post classes on Twitter and Facebook.

What do I do with my clinical clearance form once I get it?

You're required to show your Clinical Clearance Form when starting your clinical. Please refer to your department for any questions about this.

Can I submit my medical information one piece at a time?

Send in as much as you can as soon as you can. You can submit it to one of the following places:

- The upload feature on the bottom of this page
- Via email: NHTIhealthservices@ccsnh.edu
- By fax 603-230-9308
- By mail: NHTI Health Services, 1 Institute Dr, Concord, NH 03301

We will need 2 business days to process any new medical information submitted.

Do I need to use a special form to submit health information to you?

Yes. Forms are found on this page under the "Allied Health" tab.

How can I get my medical information to you?

- The upload feature on the bottom of this page
- Via email to NHTIhealthservices@ccsnh.edu
- By fax to 603-230-9308
- By mail: NHTI Health Services, 1 Institute Dr, Concord, NH 03301

Where are you located on the campus?

We are located in the <u>Student Center</u> near the fireplace (SC 103 or Student Center 103 Health Center).

What happens when my clinical clearance expires?

It's your responsibility to know when your clinical clearance expires and what is due. We will update the Clinical Clearance Form within 2 business days of any newly submitted medical information.

I cannot make it to your office during business hours, but I'm on campus. How can I make sure my medical information gets to you?

We have a drop box to the right of our front door in the Student Center. You are always welcome to submit information there.

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