

Academic Skills – Active Studying
Goals for Week _____

Active studying means completing at least one piece of active study per day for each course. Active studying can include

- Rewriting lecture notes
- Creating notecards and quizzing self
- Answering questions on review sheet
- Developing review questions from readings and lecture notes
- Correcting quizzes or tests
- Participating in study group and explaining material to group

Course: _____

- 1.
- 2.
- 3.

Course: _____

- 1.
- 2.
- 3.

Course: _____

- 1.
- 2.
- 3.

Course: _____

- 1.
- 2.
- 3.

Course: _____

- 1.
- 2.
- 3.

What helped you learn? What techniques will you continue? What different or revised techniques will you try?